



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

Detailed evaluation

Hanke, Peter

Club: MTV Schladen

Number: 86

Course: 40.95 km

Marathon

Category:

Männer M60

Total time: 3:31:28

Speed: 11.35 km/h

Running performance: 5:10 min/km

Rank in course/Total: 18 (of 78)

Rank in course/Men: 18 (of 74)

Best time in course: 2:45:36

Rank in category: 1(of 4)

Best time in the category: 3:31:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.15	14:30	4:36	1	-	17	3:00	3.15	14:30	4:36	1	-	40	
Lap 2	3.15	15:11	4:49	1	-	20	3:18	6.30	29:41	4:42	1	-	40	
Lap 3	3.15	15:24	4:53	1	-	19	15:20	9.45	45:05	4:46	1	-	40	
Lap 4	3.15	15:39	4:58	1	-	20	3:25	12.60	1:00:44	4:49	1	-	40	
Lap 5	3.15	16:01	5:05	1	-	22	3:40	15.75	1:16:45	4:52	1	-	40	
Lap 6	3.15	16:16	5:09	1	-	24	3:47	18.90	1:33:01	4:55	1	-	40	
Lap 7	3.15	16:29	5:13	1	-	23	3:54	22.05	1:49:30	4:57	1	-	40	
Lap 8	3.15	16:26	5:13	1	-	21	3:36	25.20	2:05:56	4:59	1	-	40	
Lap 9	3.15	16:38	5:16	1	-	17	3:44	28.35	2:22:34	5:01	1	-	40	
Lap 10	3.15	16:43	5:18	1	-	15	3:34	31.50	2:39:17	5:03	1	-	40	
Lap 11	3.15	17:02	5:24	1	-	13	3:41	34.65	2:56:19	5:05	1	-	40	
Lap 12	3.15	17:27	5:32	1	-	14	4:09	37.80	3:13:46	5:07	1	-	40	
Last lap Finish	3.15	17:42	5:37	1	-	17	4:29	40.95	3:31:28	5:09	1	-	18	45:52