



### 3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

#### Detailed evaluation

**Kitzing, Veit**

Club: Laufftreff Breitungens

Number: 15

Course: 40.95 km

Marathon

Category:

Männer M40

Total time: 3:45:48

Speed: 10.63 km/h

Running performance: 5:31 min/km

Rank in course/Total: 25 (of 78)

Rank in course/Men: 25 (of 74)

Best time in course: 2:45:36

Rank in category: 5(of 13)

Best time in the category: 3:15:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.15	17:09	5:26	9	2:59	50	5:39	3.15	17:09	5:26	5	2:40	70	1:10
Lap 2	3.15	17:04	5:25	7	2:40	38	5:11	6.30	34:13	5:25	5	5:20	70	0:52
Lap 3	3.15	17:09	5:26	7	2:41	38	17:05	9.45	51:22	5:26	5	8:01	70	0:07
Lap 4	3.15	16:53	5:21	6	2:13	31	4:39	12.60	1:08:15	5:25	5	10:14	58	
Lap 5	3.15	16:27	5:13	5	1:50	27	4:06	15.75	1:24:42	5:22	5	12:04	70	
Lap 6	3.15	16:13	5:08	4	1:06	23	3:44	18.90	1:40:55	5:20	5	13:10	70	
Lap 7	3.15	16:29	5:13	4	1:30	23	3:54	22.05	1:57:24	5:19	5	14:40	70	
Lap 8	3.15	16:22	5:11	4	1:02	18	3:32	25.20	2:13:46	5:18	5	15:42	70	
Lap 9	3.15	17:02	5:24	4	1:48	23	4:08	28.35	2:30:48	5:19	5	17:30	70	
Lap 10	3.15	18:49	5:58	7	4:19	31	5:40	31.50	2:49:37	5:23	5	21:49	70	
Lap 11	3.15	17:54	5:40	4	2:34	21	4:33	34.65	3:07:31	5:24	5	24:23	70	
Lap 12	3.15	18:50	5:58	4	2:49	22	5:32	37.80	3:26:21	5:27	5	27:12	70	
Last lap Finish	3.15	19:27	6:10	6	3:06	27	6:14	40.95	3:45:48	5:30	5	30:18	25	1:00:12