



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers  
Merkers / 22.02.2009

Detailed evaluation

**Fuhs, Stefan**

Club: Jena

Number: 193

Course: 9.45 km

10 km Lauf

Category:

Männer M30

Total time: 41:00

Speed: 13.17 km/h

Running performance: 4:20 min/km

Rank in course/Total: 14 (of 108)

Rank in course/Men: 14 (of 90)

Best time in course: 34:24

Rank in category: 3(of 9)

Best time in the category: 39:28