



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

Detailed evaluation

Rieß, Frieder

Club: Siebenlehner SV-Radsport

Number: 82

Course: 40.95 km

Marathon

Category:

Männer M55

Total time: 3:57:29

Speed: 10.11 km/h

Running performance: 5:48 min/km

Rank in course/Total: 34 (of 78)

Rank in course/Men: 34 (of 74)

Best time in course: 2:45:36

Rank in category: 2(of 11)

Best time in the category: 3:50:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.15 | 14:29 | 4:35 | 1 | - | 15 | 2:59 | 3.15 | 14:29 | 4:35 | 2 | | | 52 | |
| Lap 2 | 3.15 | 15:58 | 5:04 | 2 | 0:47 | 28 | 4:05 | 6.30 | 30:27 | 4:49 | 2 | | | 60 | |
| Lap 3 | 3.15 | 16:44 | 5:18 | 2 | 1:06 | 31 | 16:40 | 9.45 | 47:11 | 4:59 | 2 | | | 60 | |
| Lap 4 | 3.15 | 17:02 | 5:24 | 2 | 1:01 | 32 | 4:48 | 12.60 | 1:04:13 | 5:05 | 2 | | | 60 | |
| Lap 5 | 3.15 | 17:25 | 5:31 | 3 | 0:51 | 38 | 5:04 | 15.75 | 1:21:38 | 5:10 | 2 | | | 60 | |
| Lap 6 | 3.15 | 17:31 | 5:33 | 2 | 0:55 | 33 | 5:02 | 18.90 | 1:39:09 | 5:14 | 2 | | | 60 | |
| Lap 7 | 3.15 | 17:56 | 5:41 | 2 | 0:31 | 35 | 5:21 | 22.05 | 1:57:05 | 5:18 | 2 | | | 60 | |
| Lap 8 | 3.15 | 18:49 | 5:58 | 3 | 1:32 | 38 | 5:59 | 25.20 | 2:15:54 | 5:23 | 2 | | | 60 | |
| Lap 9 | 3.15 | 19:22 | 6:08 | 4 | 1:27 | 40 | 6:28 | 28.35 | 2:35:16 | 5:28 | 2 | | | 60 | |
| Lap 10 | 3.15 | 20:02 | 6:21 | 5 | 1:26 | 41 | 6:53 | 31.50 | 2:55:18 | 5:33 | 2 | | | 60 | |
| Lap 11 | 3.15 | 20:14 | 6:25 | 4 | 1:56 | 38 | 6:53 | 34.65 | 3:15:32 | 5:38 | 2 | 0:16 | | 60 | |
| Lap 12 | 3.15 | 20:36 | 6:32 | 4 | 2:38 | 37 | 7:18 | 37.80 | 3:36:08 | 5:43 | 2 | 2:54 | | 60 | |
| Last lap Finish | 3.15 | 21:21 | 6:46 | 5 | 3:37 | 40 | 8:08 | 40.95 | 3:57:29 | 5:47 | 2 | 6:31 | 34 | 1:11:53 | |