



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers Merkers / 22.02.2009

Detailed evaluation

Vater, Christian

Club: LG Bärenfang
Number: 275

Course: 9.45 km
10 km Lauf

Category:
Männer M30

Total time: 41:09

Speed: 13.12 km/h
Running performance: 4:21 min/km

Rank in course/Total: 15 (of 108)

Rank in course/Men: 15 (of 90)

Best time in course: 34:24

Rank in category: 4(of 9)

Best time in the category: 39:28