



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

Detailed evaluation

Böse, Hubert

Club: GMRV

Number: 77

Course: 40.95 km

Marathon

Category:

Männer M55

Total time: 3:57:47

Speed: 10.09 km/h

Running performance: 5:49 min/km

Rank in course/Total: 35 (of 78)

Rank in course/Men: 35 (of 74)

Best time in course: 2:45:36

Rank in category: 3(of 11)

Best time in the category: 3:50:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.15	14:44	4:40	2	0:15	18	3:14	3.15	14:44	4:40	3		46	
Lap 2	3.15	15:11	4:49	1	-	20	3:18	6.30	29:55	4:44	3		59	
Lap 3	3.15	15:38	4:57	1	-	24	15:34	9.45	45:33	4:49	3		59	
Lap 4	3.15	16:01	5:05	1	-	26	3:47	12.60	1:01:34	4:53	3		59	
Lap 5	3.15	16:34	5:15	1	-	29	4:13	15.75	1:18:08	4:57	3		59	
Lap 6	3.15	17:40	5:36	3	1:04	36	5:11	18.90	1:35:48	5:04	3		59	
Lap 7	3.15	18:01	5:43	3	0:36	37	5:26	22.05	1:53:49	5:09	3		59	
Lap 8	3.15	18:50	5:58	4	1:33	40	6:00	25.20	2:12:39	5:15	3		59	
Lap 9	3.15	19:38	6:13	6	1:43	44	6:44	28.35	2:32:17	5:22	3		59	
Lap 10	3.15	20:05	6:22	6	1:29	42	6:56	31.50	2:52:22	5:28	3		59	
Lap 11	3.15	21:39	6:52	7	3:21	48	8:18	34.65	3:14:01	5:35	3		59	
Lap 12	3.15	21:58	6:58	7	4:00	45	8:40	37.80	3:35:59	5:42	3	2:45	59	
Last lap Finish	3.15	21:48	6:55	7	4:04	44	8:35	40.95	3:57:47	5:48	3	6:49	35	1:12:11