



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

Detailed evaluation

Werth, Carolin

Club: UniBw München

Number: 91

Course: 40.95 km

Marathon

Category:

Frauen W20

Total time: 4:01:04

Speed: 9.96 km/h

Running performance: 5:53 min/km

Rank in course/Total: 37 (of 78)

Rank in course/Women: 1 (of 4)

Best time in course: 4:01:04

Rank in category: 1(of 1)

Best time in the category: 4:01:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.15	17:19	5:29	1	-	1	-	3.15	17:19	5:29	1	-	1	-
Lap 2	3.15	17:15	5:28	1	-	1	-	6.30	34:34	5:29	1	-	1	-
Lap 3	3.15	17:23	5:31	1	-	1	-	9.45	51:57	5:29	1	-	1	-
Lap 4	3.15	17:26	5:32	1	-	1	-	12.60	1:09:23	5:30	1	-	1	-
Lap 5	3.15	17:56	5:41	1	-	1	-	15.75	1:27:19	5:32	1	-	1	-
Lap 6	3.15	18:06	5:44	1	-	1	-	18.90	1:45:25	5:34	1	-	1	-
Lap 7	3.15	18:30	5:52	1	-	1	-	22.05	2:03:55	5:37	1	-	1	-
Lap 8	3.15	18:52	5:59	1	-	1	-	25.20	2:22:47	5:39	1	-	1	-
Lap 9	3.15	19:19	6:07	1	-	1	-	28.35	2:42:06	5:43	1	-	1	-
Lap 10	3.15	19:12	6:05	1	-	1	-	31.50	3:01:18	5:45	1	-	1	-
Lap 11	3.15	20:06	6:22	1	-	1	-	34.65	3:21:24	5:48	1	-	1	-
Lap 12	3.15	19:40	6:14	1	-	1	-	37.80	3:41:04	5:50	1	-	1	-
Last lap Finish	3.15	20:00	6:20	1	-	1	-	40.95	4:01:04	5:53	1	-	1	-