



### 3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

#### Detailed evaluation

**Gellwitz, Anne**

Club: LWF Leipzig

Number: 96

Course: 40.95 km

Marathon

Category:

Frauen W55

Total time: 4:50:43

Speed: 8.26 km/h

Running performance: 7:06 min/km

Rank in course/Total: 72 (of 78)

Rank in course/Women: 4 (of 4)

Best time in course: 4:01:04

Rank in category: 1(of 1)

Best time in the category: 4:50:43

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.15	19:08	6:04	1	-	4	1:49	3.15	19:08	6:04	1	-	4	1:49	
Lap 2	3.15	19:43	6:15	1	-	4	2:28	6.30	38:51	6:10	1	-	4	4:17	
Lap 3	3.15	19:41	6:14	1	-	4	2:18	9.45	58:32	6:11	1	-	4	6:35	
Lap 4	3.15	22:09	7:01	1	-	4	4:43	12.60	1:20:41	6:24	1	-	4	11:18	
Lap 5	3.15	20:21	6:27	1	-	3	2:25	15.75	1:41:02	6:24	1	-	4	13:43	
Lap 6	3.15	21:14	6:44	1	-	4	3:08	18.90	2:02:16	6:28	1	-	4	16:51	
Lap 7	3.15	22:22	7:06	1	-	4	3:52	22.05	2:24:38	6:33	1	-	4	20:43	
Lap 8	3.15	25:56	8:13	1	-	4	7:04	25.20	2:50:34	6:46	1	-	4	27:47	
Lap 9	3.15	23:02	7:18	1	-	4	3:43	28.35	3:13:36	6:49	1	-	4	31:30	
Lap 10	3.15	24:13	7:41	1	-	4	5:01	31.50	3:37:49	6:54	1	-	4	36:31	
Lap 11	3.15	23:17	7:23	1	-	3	3:11	34.65	4:01:06	6:57	1	-	4	39:42	
Lap 12	3.15	24:22	7:44	1	-	4	4:42	37.80	4:25:28	7:01	1	-	4	44:24	
Last lap Finish	3.15	25:15	8:00	1	-	4	5:15	40.95	4:50:43	7:05	1	-	4	49:39	