



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

Detailed evaluation

Antoni, Günter

Club: 101 Marathon Club

Number: 90

Course: 40.95 km

Marathon

Category:

Männer M65

Total time: 5:02:06

Speed: 7.94 km/h

Running performance: 7:23 min/km

Rank in course/Total: 76 (of 78)

Rank in course/Men: 72 (of 74)

Best time in course: 2:45:36

Rank in category: 1(of 1)

Best time in the category: 5:02:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.15	19:53	6:18	1	-	70	8:23	3.15	19:53	6:18	1	-	23	3:54
Lap 2	3.15	21:22	6:46	1	-	71	9:29	6.30	41:15	6:32	1	-	21	7:54
Lap 3	3.15	21:50	6:55	1	-	72	21:46	9.45	1:03:05	6:40	1	-	23	11:50
Lap 4	3.15	22:10	7:02	1	-	74	9:56	12.60	1:25:15	6:45	1	-	23	16:51
Lap 5	3.15	21:48	6:55	1	-	72	9:27	15.75	1:47:03	6:47	1	-	23	20:42
Lap 6	3.15	21:31	6:49	1	-	72	9:02	18.90	2:08:34	6:48	1	-	23	24:10
Lap 7	3.15	22:04	7:00	1	-	70	9:29	22.05	2:30:38	6:49	1	-	23	27:53
Lap 8	3.15	22:41	7:12	1	-	68	9:51	25.20	2:53:19	6:52	1	-	23	31:34
Lap 9	3.15	24:06	7:39	1	-	69	11:12	28.35	3:17:25	6:57	1	-	23	36:45
Lap 10	3.15	24:51	7:53	1	-	68	11:42	31.50	3:42:16	7:03	1	-	23	42:01
Lap 11	3.15	26:44	8:29	1	-	70	13:23	34.65	4:09:00	7:11	1	-	23	48:21
Lap 12	3.15	25:41	8:09	1	-	67	12:23	37.80	4:34:41	7:16	1	-	23	51:43
Last lap Finish	3.15	27:25	8:42	1	-	69	14:12	40.95	5:02:06	7:22	1	-	72	2:16:30