



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

Detailed evaluation

Schwengler, Franz

Club: Planet-Marathon.de Nürnberg

Number: 60

Course: 40.95 km

Marathon

Category:

Männer M45

Total time: 5:04:21

Speed: 7.89 km/h

Running performance: 7:26 min/km

Rank in course/Total: 77 (of 78)

Rank in course/Men: 73 (of 74)

Best time in course: 2:45:36

Rank in category: 20(of 21)

Best time in the category: 3:15:59

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.15 | 18:36 | 5:54 | 18 | 5:30 | 63 | 7:06 | 3.15 | 18:36 | 5:54 | 3 | 1:09 | 22 | 2:37 |
| Lap 2 | 3.15 | 19:59 | 6:20 | 18 | 6:21 | 68 | 8:06 | 6.30 | 38:35 | 6:07 | 3 | 3:58 | 22 | 5:14 |
| Lap 3 | 3.15 | 21:07 | 6:42 | 20 | 7:14 | 70 | 21:03 | 9.45 | 59:42 | 6:19 | 3 | 8:01 | 22 | 8:27 |
| Lap 4 | 3.15 | 21:01 | 6:40 | 20 | 6:54 | 69 | 8:47 | 12.60 | 1:20:43 | 6:24 | 3 | 11:48 | 22 | 12:19 |
| Lap 5 | 3.15 | 21:56 | 6:57 | 21 | 7:42 | 73 | 9:35 | 15.75 | 1:42:39 | 6:31 | 3 | 16:40 | 22 | 16:18 |
| Lap 6 | 3.15 | 21:23 | 6:47 | 20 | 6:59 | 71 | 8:54 | 18.90 | 2:04:02 | 6:33 | 3 | 20:08 | 22 | 19:38 |
| Lap 7 | 3.15 | 22:05 | 7:00 | 20 | 7:26 | 71 | 9:30 | 22.05 | 2:26:07 | 6:37 | 3 | 23:59 | 22 | 23:22 |
| Lap 8 | 3.15 | 24:26 | 7:45 | 21 | 9:16 | 74 | 11:36 | 25.20 | 2:50:33 | 6:46 | 3 | 29:27 | 22 | 28:48 |
| Lap 9 | 3.15 | 25:26 | 8:04 | 20 | 9:55 | 72 | 12:32 | 28.35 | 3:15:59 | 6:54 | 3 | 34:53 | 22 | 35:19 |
| Lap 10 | 3.15 | 27:13 | 8:38 | 21 | 11:07 | 73 | 14:04 | 31.50 | 3:43:12 | 7:05 | 3 | 42:07 | 22 | 42:57 |
| Lap 11 | 3.15 | 26:18 | 8:20 | 18 | 9:44 | 69 | 12:57 | 34.65 | 4:09:30 | 7:12 | 3 | 46:55 | 22 | 48:51 |
| Lap 12 | 3.15 | 26:50 | 8:31 | 19 | 10:24 | 71 | 13:32 | 37.80 | 4:36:20 | 7:18 | 3 | 51:18 | 22 | 53:22 |
| Last lap Finish | 3.15 | 28:01 | 8:53 | 19 | 11:39 | 71 | 14:48 | 40.95 | 5:04:21 | 7:25 | 20 | 1:48:22 | 73 | 2:18:45 |