



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers
Merkers / 22.02.2009

Detailed evaluation

eckhardt, frank

Club: wermelskirchen
Number: 234

Course: 9.45 km
10 km Lauf

Category:
Männer M50

Total time: 44:14

Speed: 12.21 km/h
Running performance: 4:41 min/km

Rank in course/Total: 31 (of 108)

Rank in course/Men: 31 (of 90)

Best time in course: 34:24

Rank in category: 4(of 9)

Best time in the category: 36:57