



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers  
Merkers / 22.02.2009

Detailed evaluation

Langer, Christian

Club: Bad Salzungen

Number: 194

Course: 9.45 km

10 km Lauf

Category:

Männer M30

Total time: 44:43

Speed: 12.08 km/h

Running performance: 4:44 min/km

Rank in course/Total: 33 (of 108)

Rank in course/Men: 33 (of 90)

Best time in course: 34:24

Rank in category: 5(of 9)

Best time in the category: 39:28