



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers  
Merkers / 22.02.2009

Detailed evaluation

Lesser, Steffen

Club: Bosch Eisenach  
Number: 177

Course: 9.45 km  
10 km Lauf

Category:  
Männer M35

Total time: 45:05

Speed: 11.98 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 40 (of 108)

Rank in course/Men: 40 (of 90)

Best time in course: 34:24

Rank in category: 8(of 14)

Best time in the category: 41:11