



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers
Merkers / 22.02.2009

Detailed evaluation

Löppen, Reinhardt

Club: SV Emsetal
Number: 155

Course: 9.45 km
10 km Lauf

Category:
Männer M45

Total time: 36:56

Speed: 14.62 km/h
Running performance: 3:55 min/km

Rank in course/Total: 5 (of 108)

Rank in course/Men: 5 (of 90)

Best time in course: 34:24

Rank in category: 1(of 20)

Best time in the category: 36:56