



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers
Merkers / 22.02.2009

Detailed evaluation

Spiegel, Jörg

Club: Team Leberhaken
Number: 209

Course: 9.45 km
10 km Lauf

Category:
Männer M35

Total time: 47:10

Speed: 11.45 km/h
Running performance: 4:59 min/km

Rank in course/Total: 51 (of 108)

Rank in course/Men: 51 (of 90)

Best time in course: 34:24

Rank in category: 11(of 14)

Best time in the category: 41:11