



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers  
Merkers / 22.02.2009

Detailed evaluation

puff, frank

Club: TV Barchfeld  
Number: 239

Course: 9.45 km  
10 km Lauf

Category:  
Männer M50

Total time: 36:57

Speed: 14.61 km/h  
Running performance: 3:55 min/km

Rank in course/Total: 6 (of 108)

Rank in course/Men: 6 (of 90)

Best time in course: 34:24

Rank in category: 1(of 9)

Best time in the category: 36:57