



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers
Merkers / 22.02.2009

Detailed evaluation

Quentel, Gerhard

Club: Eisenach

Number: 150

Course: 9.45 km

10 km Lauf

Category:

Männer M60

Total time: 49:44

Speed: 10.86 km/h

Running performance: 5:16 min/km

Rank in course/Total: 65 (of 108)

Rank in course/Men: 63 (of 90)

Best time in course: 34:24

Rank in category: 4(of 5)

Best time in the category: 44:13