



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers
Merkers / 22.02.2009

Detailed evaluation

Dietz, Udo

Club: Köln

Number: 273

Course: 9.45 km

10 km Lauf

Category:

Männer M55

Total time: 50:11

Speed: 10.76 km/h

Running performance: 5:19 min/km

Rank in course/Total: 67 (of 108)

Rank in course/Men: 65 (of 90)

Best time in course: 34:24

Rank in category: 5(of 8)

Best time in the category: 36:52