



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers
Merkers / 22.02.2009

Detailed evaluation

Luft, Enrico

Club: Triathlon Jena e.V.

Number: 195

Course: 9.45 km

10 km Lauf

Category:

Männer M30

Total time: 39:28

Speed: 13.68 km/h

Running performance: 4:11 min/km

Rank in course/Total: 7 (of 108)

Rank in course/Men: 7 (of 90)

Best time in course: 34:24

Rank in category: 1(of 9)

Best time in the category: 39:28