



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers  
Merkers / 22.02.2009

Detailed evaluation

**Graul, Nora**

Club: SG.Veinmeß Suhl e.V.  
Number: 168

Course: 9.45 km  
10 km Lauf

Category:  
Frauen W50

Total time: 51:30

Speed: 10.49 km/h  
Running performance: 5:27 min/km

Rank in course/Total: 73 (of 108)

Rank in course/Women: 5 (of 18)

Best time in course: 48:33

Rank in category: 1(of 2)

Best time in the category: 51:30