



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers  
Merkers / 22.02.2009

Detailed evaluation

Schäfer, Uwe

Club: LGV Marathon Giessen  
Number: 242

Course: 9.45 km  
10 km Lauf

Category:  
Männer M50

Total time: 53:39

Speed: 10.07 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 80 (of 108)

Rank in course/Men: 74 (of 90)

Best time in course: 34:24

Rank in category: 8(of 9)

Best time in the category: 36:57