



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers  
Merkers / 22.02.2009

Detailed evaluation

Wetterau, Lars

Club: Wetterau-Bau  
Number: 200

Course: 9.45 km  
10 km Lauf

Category:  
Männer M30

Total time: 55:13

Speed: 9.78 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 85 (of 108)

Rank in course/Men: 78 (of 90)

Best time in course: 34:24

Rank in category: 8(of 9)

Best time in the category: 39:28