



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers
Merkers / 22.02.2009

Detailed evaluation

Tonn, Frieder

Club: Vacha
Number: 220

Course: 9.45 km
10 km Lauf

Category:
Männer M40

Total time: 56:49

Speed: 9.50 km/h
Running performance: 6:01 min/km

Rank in course/Total: 88 (of 108)

Rank in course/Men: 81 (of 90)

Best time in course: 34:24

Rank in category: 5(of 6)

Best time in the category: 43:43