



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers  
Merkers / 22.02.2009

Detailed evaluation

Fischer, Ines

Club: LGV Marathon Giessen  
Number: 269

Course: 9.45 km  
10 km Lauf

Category:  
Frauen W45

Total time: 59:08

Speed: 9.13 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 94 (of 108)

Rank in course/Women: 9 (of 18)

Best time in course: 48:33

Rank in category: 1(of 6)

Best time in the category: 59:08