



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers  
Merkers / 22.02.2009

Detailed evaluation

Spazier, Ines

Club: Weimar  
Number: 271

Course: 9.45 km  
10 km Lauf

Category:  
Frauen W45

Total time: 59:20

Speed: 9.10 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 96 (of 108)

Rank in course/Women: 10 (of 18)

Best time in course: 48:33

Rank in category: 2(of 6)

Best time in the category: 59:08