



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Wener, Michael

Club: SC DHfK Leipzig

Number: 353

Course: 9.67 km

10 km-Lauf

Category:

Männer M45

Total time: 39:54

Speed: 13.53 km/h

Running performance: 4:08 min/km

Rank in course/Total: 50 (of 265)

Rank in course/Men: 49 (of 194)

Best time in course: 32:34

Rank in category: 6(of 20)

Best time in the category: 36:56