



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Harting, Jens**

Club: ATV 1845 Leipzig

Number: 155

Course: 9.67 km

10 km-Lauf

Category:

Männer M40

Total time: 41:09

Speed: 13.12 km/h

Running performance: 4:16 min/km

Rank in course/Total: 65 (of 265)

Rank in course/Men: 63 (of 194)

Best time in course: 32:34

Rank in category: 9(of 37)

Best time in the category: 32:46