



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Leßmann, Frank

Club: Leipzig

Number: 205

Course: 9.67 km

10 km-Lauf

Category:

Männer M35

Total time: 41:16

Speed: 13.09 km/h

Running performance: 4:16 min/km

Rank in course/Total: 67 (of 265)

Rank in course/Men: 65 (of 194)

Best time in course: 32:34

Rank in category: 16(of 28)

Best time in the category: 32:37