



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Naumann, Dirk

Club: LG eXa Leipzig e.V.

Number: 390

Course: 9.67 km

10 km-Lauf

Category:

Männer M30

Total time: 41:17

Speed: 13.08 km/h

Running performance: 4:16 min/km

Rank in course/Total: 68 (of 265)

Rank in course/Men: 66 (of 194)

Best time in course: 32:34

Rank in category: 15(of 29)

Best time in the category: 32:34