



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Krüger, Marcus**

Club: LG Elbe-Parey

Number: 196

Course: 9.67 km

10 km-Lauf

Category:

Männer M20

Total time: 42:04

Speed: 12.84 km/h

Running performance: 4:21 min/km

Rank in course/Total: 81 (of 265)

Rank in course/Men: 78 (of 194)

Best time in course: 32:34

Rank in category: 16(of 31)

Best time in the category: 32:41