



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Muth, Uwe

Club: LG Taucha/Leipzig

Number: 221

Course: 9.67 km

10 km-Lauf

Category:

Männer M45

Total time: 42:16

Speed: 12.78 km/h

Running performance: 4:22 min/km

Rank in course/Total: 83 (of 265)

Rank in course/Men: 80 (of 194)

Best time in course: 32:34

Rank in category: 8(of 20)

Best time in the category: 36:56