



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Erbs, Ina

Club: SC DHFK Leipzig

Number: 366

Course: 9.67 km

10 km-Lauf

Category:

Frauen W45

Total time: 42:21

Speed: 12.75 km/h

Running performance: 4:23 min/km

Rank in course/Total: 85 (of 265)

Rank in course/Women: 4 (of 71)

Best time in course: 37:42

Rank in category: 2(of 10)

Best time in the category: 41:22