



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Mätschke, Uwe

Club: Sportstudio Leipzig-Schönefeld

Number: 412

Course: 9.67 km

10 km-Lauf

Category:

Männer M45

Total time: 42:39

Speed: 12.66 km/h

Running performance: 4:25 min/km

Rank in course/Total: 89 (of 265)

Rank in course/Men: 85 (of 194)

Best time in course: 32:34

Rank in category: 9(of 20)

Best time in the category: 36:56