



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Reares-Williams, Martin

Club: DHJK

Number: 399

Course: 9.67 km

10 km-Lauf

Category:

Männer M45

Total time: 43:04

Speed: 12.54 km/h

Running performance: 4:27 min/km

Rank in course/Total: 95 (of 265)

Rank in course/Men: 91 (of 194)

Best time in course: 32:34

Rank in category: 10(of 20)

Best time in the category: 36:56