



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

Dresler, Jörg

Club: Laufen in Leipzig

Number: 129

Course: 9.67 km

10 km-Lauf

Category:

Männer M20

Total time: 43:37

Speed: 12.38 km/h

Running performance: 4:31 min/km

Rank in course/Total: 101 (of 265)

Rank in course/Men: 97 (of 194)

Best time in course: 32:34

Rank in category: 17(of 31)

Best time in the category: 32:41