



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Stroh, Tanja

Club: Erfurt Nord Gymnasium

Number: 359

Course: 9.67 km

10 km-Lauf

Category:

Frauen W20

Total time: 44:17

Speed: 12.19 km/h

Running performance: 4:35 min/km

Rank in course/Total: 107 (of 265)

Rank in course/Women: 7 (of 71)

Best time in course: 37:42

Rank in category: 1(of 12)

Best time in the category: 44:17