



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Weise, Jörg

Club: RFC Markkleeberg

Number: 345

Course: 9.67 km

10 km-Lauf

Category:

Männer M20

Total time: 44:49

Speed: 12.05 km/h

Running performance: 4:38 min/km

Rank in course/Total: 116 (of 265)

Rank in course/Men: 108 (of 194)

Best time in course: 32:34

Rank in category: 20(of 31)

Best time in the category: 32:41