



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Kaske, Oliver

Club: Leipzig

Number: 174

Course: 9.67 km

10 km-Lauf

Category:

Männer M20

Total time: 45:11

Speed: 11.95 km/h

Running performance: 4:40 min/km

Rank in course/Total: 120 (of 265)

Rank in course/Men: 111 (of 194)

Best time in course: 32:34

Rank in category: 21(of 31)

Best time in the category: 32:41