



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Lämmel, Eric

Club: Leipzig

Number: 203

Course: 9.67 km

10 km-Lauf

Category:

Männer M20

Total time: 45:40

Speed: 11.82 km/h

Running performance: 4:43 min/km

Rank in course/Total: 125 (of 265)

Rank in course/Men: 116 (of 194)

Best time in course: 32:34

Rank in category: 24(of 31)

Best time in the category: 32:41