



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Klink, Ralf

Club: Stadtwerke Leipzig

Number: 184

Course: 9.67 km

10 km-Lauf

Category:

Männer M50

Total time: 45:50

Speed: 11.78 km/h

Running performance: 4:44 min/km

Rank in course/Total: 126 (of 265)

Rank in course/Men: 117 (of 194)

Best time in course: 32:34

Rank in category: 7(of 14)

Best time in the category: 37:00