



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Simon, Daniel

Club: LIL (Leipzig)

Number: 281

Course: 9.67 km

10 km-Lauf

Category:

Männer M35

Total time: 46:27

Speed: 11.63 km/h

Running performance: 4:48 min/km

Rank in course/Total: 134 (of 265)

Rank in course/Men: 124 (of 194)

Best time in course: 32:34

Rank in category: 26(of 28)

Best time in the category: 32:37