



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Apitzsch, Melanie**

Club: LAZ Leipzig

Number: 1

Course: 4.83 km

5 km-Lauf (Kinder, Jugendliche)

Category:

weibliche Jugend B

Total time: 20:01

Speed: 11.99 km/h

Running performance: 4:08 min/km

Rank in course/Total: 12 (of 33)

Rank in course/Women: 2 (of 12)

Best time in course: 19:27

Rank in category: 2(of 3)

Best time in the category: 19:27