



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Kuningham, Ronald**

Club: Leipzig

Number: 199

Course: 9.67 km

10 km-Lauf

Category:

Männer M50

Total time: 46:36

Speed: 11.59 km/h

Running performance: 4:49 min/km

Rank in course/Total: 137 (of 265)

Rank in course/Men: 126 (of 194)

Best time in course: 32:34

Rank in category: 9(of 14)

Best time in the category: 37:00