



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Dohms, Lutz

Club: SC DHFK Leipzig

Number: 342

Course: 9.67 km

10 km-Lauf

Category:

Männer M65

Total time: 46:49

Speed: 11.53 km/h

Running performance: 4:50 min/km

Rank in course/Total: 142 (of 265)

Rank in course/Men: 130 (of 194)

Best time in course: 32:34

Rank in category: 5(of 13)

Best time in the category: 42:54