



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Mevezynshi, Holger

Club: Leipzig

Number: 343

Course: 9.67 km

10 km-Lauf

Category:

Männer M45

Total time: 47:59

Speed: 11.25 km/h

Running performance: 4:58 min/km

Rank in course/Total: 151 (of 265)

Rank in course/Men: 135 (of 194)

Best time in course: 32:34

Rank in category: 15(of 20)

Best time in the category: 36:56