



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Agater, Heiko

Club: Leipzig

Number: 102

Course: 9.67 km

10 km-Lauf

Category:

Männer M40

Total time: 48:45

Speed: 11.08 km/h

Running performance: 5:02 min/km

Rank in course/Total: 162 (of 265)

Rank in course/Men: 144 (of 194)

Best time in course: 32:34

Rank in category: 24(of 37)

Best time in the category: 32:46