



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Krause, Heyka

Club: Leipzig

Number: 192

Course: 9.67 km

10 km-Lauf

Category:

Frauen W30

Total time: 48:54

Speed: 11.04 km/h

Running performance: 5:04 min/km

Rank in course/Total: 165 (of 265)

Rank in course/Women: 20 (of 71)

Best time in course: 37:42

Rank in category: 3(of 6)

Best time in the category: 43:53