



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Kießling, Mario

Club: LC Auensee Leipzig

Number: 177

Course: 9.67 km

10 km-Lauf

Category:

Männer M60

Total time: 49:29

Speed: 10.91 km/h

Running performance: 5:07 min/km

Rank in course/Total: 167 (of 265)

Rank in course/Men: 147 (of 194)

Best time in course: 32:34

Rank in category: 5(of 7)

Best time in the category: 39:58