



7. Frühjahrslauf des BSV AOK Leipzig
Leipzig / 21.03.2009

Detailed evaluation

Kabisch, Michael

Club: Markkleeberg

Number: 171

Course: 9.67 km

10 km-Lauf

Category:

Männer M45

Total time: 49:55

Speed: 10.82 km/h

Running performance: 5:10 min/km

Rank in course/Total: 170 (of 265)

Rank in course/Men: 150 (of 194)

Best time in course: 32:34

Rank in category: 16(of 20)

Best time in the category: 36:56