



7. Frühjahrslauf des BSV AOK Leipzig
Leipzig / 21.03.2009

Detailed evaluation

Wolter, Lars-Eike

Club: BSV AOK Leipzig e.V.
Number: 312

Course: 9.67 km
10 km-Lauf

Category:
Männer M40

Total time: 50:22

Speed: 10.72 km/h
Running performance: 5:13 min/km

Rank in course/Total: 172 (of 265)

Rank in course/Men: 151 (of 194)

Best time in course: 32:34

Rank in category: 25(of 37)

Best time in the category: 32:46